PEIMS #: PES000055

Implementation Year: 1998-99

| **Knowledge & Skills** | **Student Expectation** | **Bloom's Level** | | **TEKS Alignment Evidence** | **Recommendations** |
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| **Guideline** | **Observed** |
| (1) Movement skills. The student demonstrates competency in many movement forms and proficiency in two or more team sports such as basketball, field hockey, flag football, floor hockey, soccer, softball, team handball, or volleyball. The student is expected to: | (A) demonstrate consistency using all the basic offensive skills of a sport while participating in a game such as dribbling, batting, or spiking competently in a dynamic setting; and | Apply | **Select One:** Remember  Understand  Apply  Analyze  Evaluate  Create | **Select One:** Observed  Partially Observed  Not Observed  **Where**: |  |
| (B) demonstrate consistency using all the basic defensive skills of a sport while participating in a game such as guarding, trapping, blocking, fielding, tackling, or goalkeeping competently in a dynamic setting. | Apply | **Select One:** Remember  Understand  Apply  Analyze  Evaluate  Create | **Select One:** Observed  Partially Observed  Not Observed  **Where**: |  |
| (2) Movement skills. The student applies movement concepts and principles to the learning and development of motor skills. The student is expected to: | (A) use internal and external information to modify movement during performance; | Apply | **Select One:** Remember  Understand  Apply  Analyze  Evaluate  Create | **Select One:** Observed  Partially Observed  Not Observed  **Where**: |  |
| (B) describe appropriate practice procedures to improve skill and strategy in an activity; | Understand | **Select One:** Remember  Understand  Apply  Analyze  Evaluate  Create | **Select One:** Observed  Partially Observed  Not Observed  **Where**: |  |
| (C) develop an appropriate conditioning program for the selected activity; | Create | **Select One:** Remember  Understand  Apply  Analyze  Evaluate  Create | **Select One:** Observed  Partially Observed  Not Observed  **Where**: |  |
| (D) identify correctly the critical elements for successful performance within the context of the activity; and | Understand | **Select One:** Remember  Understand  Apply  Analyze  Evaluate  Create | **Select One:** Observed  Partially Observed  Not Observed  **Where**: |  |
| (E) recognize that improvement is possible with appropriate practice. | Understand | **Select One:** Remember  Understand  Apply  Analyze  Evaluate  Create | **Select One:** Observed  Partially Observed  Not Observed  **Where**: |  |
| (3) Social development. The student understands the basic components such as strategies, protocol, and rules of structured physical activities. The student is expected to: | (A) acknowledge good play from an opponent during competition; | Apply | **Select One:** Remember  Understand  Apply  Analyze  Evaluate  Create | **Select One:** Observed  Partially Observed  Not Observed  **Where**: |  |
| (B) accept the roles and decisions of officials; | Apply | **Select One:** Remember  Understand  Apply  Analyze  Evaluate  Create | **Select One:** Observed  Partially Observed  Not Observed  **Where**: |  |
| (C) demonstrate officiating techniques; and | Apply | **Select One:** Remember  Understand  Apply  Analyze  Evaluate  Create | **Select One:** Observed  Partially Observed  Not Observed  **Where**: |  |
| (D) research and describe the historical development of an individual sport. | Understand | **Select One:** Remember  Understand  Apply  Analyze  Evaluate  Create | **Select One:** Observed  Partially Observed  Not Observed  **Where**: |  |
| (4) Physical activity and health. The student exhibits a physically-active lifestyle that improves health and provides opportunities for enjoyment and challenge through team sports. The student is expected to: | (A) select and participate in individual sports that provide for enjoyment and challenge; | Evaluate | **Select One:** Remember  Understand  Apply  Analyze  Evaluate  Create | **Select One:** Observed  Partially Observed  Not Observed  **Where**: |  |
| (B) analyze and evaluate personal fitness status in terms of cardiovascular endurance, muscular strength and endurance, flexibility, and body composition; | Analyze | **Select One:** Remember  Understand  Apply  Analyze  Evaluate  Create | **Select One:** Observed  Partially Observed  Not Observed  **Where**: |  |
| (C) describe the health and fitness benefits derived from participating in selected team sports; | Understand | **Select One:** Remember  Understand  Apply  Analyze  Evaluate  Create | **Select One:** Observed  Partially Observed  Not Observed  **Where**: |  |
| (D) establish realistic yet challenging health-related fitness goals; | Create | **Select One:** Remember  Understand  Apply  Analyze  Evaluate  Create | **Select One:** Observed  Partially Observed  Not Observed  **Where**: |  |
| (E) develop and participate in a personal fitness program that has the potential to provide identified goals; and | Create | **Select One:** Remember  Understand  Apply  Analyze  Evaluate  Create | **Select One:** Observed  Partially Observed  Not Observed  **Where**: |  |
| (F) describe two training principles appropriate for enhancing flexibility, muscular strength and endurance, and cardiorespiratory endurance. | Understand | **Select One:** Remember  Understand  Apply  Analyze  Evaluate  Create | **Select One:** Observed  Partially Observed  Not Observed  **Where**: |  |
| (5) Physical activity and health. The student knows the implications and benefits from being involved in daily physical activity. The student is expected to: | (A) discuss training principles appropriate for enhancing flexibility, muscular strength and endurance, and cardiorespiratory endurance; | Apply | **Select One:** Remember  Understand  Apply  Analyze  Evaluate  Create | **Select One:** Observed  Partially Observed  Not Observed  **Where**: |  |
| (B) explain the effects of eating and exercise patterns on weight control, self-concept, and physical performance; and | Apply | **Select One:** Remember  Understand  Apply  Analyze  Evaluate  Create | **Select One:** Observed  Partially Observed  Not Observed  **Where**: |  |
| (C) explain the effects of substance abuse on personal health and performance in physical activity. | Apply | **Select One:** Remember  Understand  Apply  Analyze  Evaluate  Create | **Select One:** Observed  Partially Observed  Not Observed  **Where**: |  |
| (6) Physical activity and health. The student understands and applies safety practices associated with team sports. The student is expected to: | (A) evaluate risks and safety factors that may affect sport preferences; | Evaluate | **Select One:** Remember  Understand  Apply  Analyze  Evaluate  Create | **Select One:** Observed  Partially Observed  Not Observed  **Where**: |  |
| (B) identify and apply rules and procedures that are designed for safe participation in team sports; | Apply | **Select One:** Remember  Understand  Apply  Analyze  Evaluate  Create | **Select One:** Observed  Partially Observed  Not Observed  **Where**: |  |
| (C) identify team sports that achieve health-related fitness goals in both school and community settings; and | Apply | **Select One:** Remember  Understand  Apply  Analyze  Evaluate  Create | **Select One:** Observed  Partially Observed  Not Observed  **Where**: |  |
| (D) participate regularly in team sports. | Apply | **Select One:** Remember  Understand  Apply  Analyze  Evaluate  Create | **Select One:** Observed  Partially Observed  Not Observed  **Where**: |  |
| (7) Social development. The student develops positive self-management and social skills needed to work independently and with others in team sports. The student is expected to: | (A) evaluate personal skills and set realistic goals for improvement; | Evaluate | **Select One:** Remember  Understand  Apply  Analyze  Evaluate  Create | **Select One:** Observed  Partially Observed  Not Observed  **Where**: |  |
| (B) respond to challenges, successes, and failures in physical activities in socially appropriate ways; | Apply | **Select One:** Remember  Understand  Apply  Analyze  Evaluate  Create | **Select One:** Observed  Partially Observed  Not Observed  **Where**: |  |
| (C) accept successes and performance limitations of self and others and exhibit appropriate behavior/responses; | Understand | **Select One:** Remember  Understand  Apply  Analyze  Evaluate  Create | **Select One:** Observed  Partially Observed  Not Observed  **Where**: |  |
| (D) anticipate potentially dangerous consequences of participating in selected team sports; and | Evaluate | **Select One:** Remember  Understand  Apply  Analyze  Evaluate  Create | **Select One:** Observed  Partially Observed  Not Observed  **Where**: |  |
| (E) display appropriate etiquette while participating in a sport. | Apply | **Select One:** Remember  Understand  Apply  Analyze  Evaluate  Create | **Select One:** Observed  Partially Observed  Not Observed  **Where**: |  |

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| **Course Strengths of TEKS Alignment** |
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| **Required Changes for TEKS Alignment** (List the missing and partially covered TEKS ~AND~ summarize required TEKS modification, big or small, you believe must be completed prior to course approval) |
| Missing or Partially covered TEKS:  TEKS Summary: |

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| **Additional Opportunities for Improvement-Optional**  (Non-required additions or changes that would improve this course) |
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